

INTRODUCTION TO:
THE HOLY
MASS

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THE INTRODUCTORY RITES

Help the faithful come together as one, from communion and prepare themselves to listen to the word of God and to celebrate the Eucharist worthily.

SIGN OF THE CROSS

All make the Sign of the Cross as the Priest says:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**THE LORD BE WITH YOU.
AND WITH YOUR SPIRIT.**

The Penitential Act

We are invited to reflect on the previous week and think about any times when we have not made the best choices or have found ourselves wandering away from the right path.

**YOU WERE SENT TO HEAL THE CONTRITE OF
HEART: LORD, HAVE MERCY. LORD, HAVE
MERCY.**

**YOU CAME TO CALL SINNERS: CHRIST, HAVE
MERCY. CHRIST, HAVE MERCY.**

**YOU ARE SEATED AT THE RIGHT HAND OF THE
FATHER TO INTERCEDE FOR US: LORD, HAVE
MERCY. LORD, HAVE MERCY.**

The absolution by the Priest follows:

**May almighty God have mercy on us, forgive us
our sins, and bring us to everlasting life. Amen.**

The Gloria

We say/sing the Gloria to remind us of the wonderful things God has done for us. It is a prayer of celebration!

GLORY TO GOD IN THE HIGHEST, AND ON EARTH PEACE TO PEOPLE OF GOOD WILL.

WE PRAISE YOU, WE BLESS YOU, WE ADORE YOU, WE GLORIFY YOU, WE GIVE YOU THANKS FOR YOUR GREAT GLORY, LORD GOD, HEAVENLY KING, O GOD, ALMIGHTY FATHER.

LORD JESUS CHRIST, ONLY BEGOTTEN SON, LORD GOD, LAMB OF GOD, SON OF THE FATHER, YOU TAKE AWAY THE SINS OF THE WORLD, HAVE MERCY ON US; YOU TAKE AWAY THE SINS OF THE WORLD, RECEIVE OUR PRAYER; YOU ARE SEATED AT THE RIGHT HAND OF THE FATHER, HAVE MERCY ON US.

FOR YOU ALONE ARE THE HOLY ONE, YOU ALONE ARE THE LORD, YOU ALONE ARE THE MOST HIGH, JESUS CHRIST, WITH THE HOLY SPIRIT, IN THE GLORY OF GOD THE FATHER. AMEN.

The Collect

The prayer ends the Introductory Rites, and is based on the theme of the readings.

The Priest says:

LET US PRAY.

At the end of the prayer we say:

AMEN.

THE LITURGY OF THE WORD

By hearing the Word of God proclaimed in worship, we share in an unending relationship between God and His people.

First Reading

Usually taken from the Old Testament, the First Reading helps us to paint a fuller, more vivid picture of what happens in the New Testament

At the end of the reading, the reader will say:

THE WORD OF THE LORD.

And we respond:

THANKS BE TO GOD.

Psalm

The book of Psalms is a collection of songs and poems. This is a time for reflection on the Word of God.

At the end of each verse we say the response together :

BEFORE THE ANGELS, I WILL BLESS YOU O LORD

Second Reading

Sharing words from the New Testament, the Second Reading helps us to understand what being a follower of Christ means. There may be some advice or instructions given to help us.

At the end of the reading, the reader will say:

THE WORD OF THE LORD.

And we respond:

THANKS BE TO GOD.

Gospel Acclamation

We welcome the Gospel with an Acclamation, a song of praise for the GOOD NEWS!

ALLELUIA. ALLELUIA.

I CALL YOU FRIENDS, SAYS THE LORD, BECAUSE I HAVE MADE KNOWN TO YOU EVERYTHING I HAVE LEARNT FROM MY FATHER.

ALLELUIA.

Gospel

The words of the Gospel are taken from the Books of Matthew, Mark, Luke and John, the four evangelists of the New Testament. We hear stories from the life of Jesus to inspire us and guide us on his path.

This action reminds us to keep the Gospel on our Minds, on our Lips, and in our Hearts.



**THE LORD BE WITH YOU .
AND WITH YOUR SPIRIT.
A READING FROM THE HOLY
GOSPEL ACCORDING TO LUKE
GLORY TO YOU, O LORD.**

At the end of the Gospel, the Priest says:

THE GOSPEL OF THE LORD .

And we respond:

PRAISE TO YOU LORD JESUS CHRIST.

Homily

Homily comes from the Greek word for 'explanation'. This is when the priest helps us to understand what we have heard during the liturgy of the word.

The Creed

By saying the Creed together, we are reminding ourselves what we believe in. There are four main parts to the Creed, these four sections focus on: God the Father, God the Son/Jesus, God the Spirit/Holy Spirit and the Church.

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God,
Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation he
came down from heaven,
and by the Holy Spirit was
incarnate of the Virgin Mary, and
became man.

For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in

accordance with the Scriptures.
He ascended into heaven and is
seated at the right hand of the
Father.

He will come again in glory to
judge the living and the dead and
his kingdom will have no end.

I believe in the Holy Spirit, the
Lord, the giver of life, who
proceeds from the Father and the
Son, who with the Father and the
Son is adored and glorified, who
has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church. I confess one
Baptism for the forgiveness of sins
and I look forward to the
resurrection of the dead and the
life of the world to come.
Amen.

Prayers of the Faithful

Bringing the Liturgy of the Word to a close, these prayers are for and from the community of the local community and the global Church community.

THE LITURGY OF THE EUCHARIST

For Catholics, the Eucharist is the source and summit of the whole Christian life, because at its heart is the real presence of the crucified, risen and glorified Lord, continuing and making available his saving work among us.

The Priest offers the prayers of blessing over the bread and wine quietly at the altar. At the end of each of these blessings, we respond:

BLESSED BE GOD FOREVER.

All stand:

PRAY, MY BROTHERS AND SISTERS, THAT MY SACRIFICE AND YOURS MAY BE ACCEPTABLE TO GOD, THE ALMIGHTY FATHER.

MAY THE LORD ACCEPT THE SACRIFICE AT YOUR HANDS FOR THE PRAISE AND GLORY OF HIS NAME, FOR OUR GOOD AND THE GOOD OF ALL HIS HOLY CHURCH.

Then the Priest says the Prayer over the Offerings, at the end of which the people acclaim:

AMEN.

The Eucharistic Prayer (Preface)

**THE LORD BE WITH YOU.
AND WITH YOUR SPIRIT.**

**LIFT UP YOUR HEARTS.
WE LIFT THEM UP TO THE LORD.**

**LET US GIVE THANKS
TO THE LORD OUR GOD.
IT IS RIGHT AND JUST.**

The Priest then concludes the Preface.

Sanctus or Holy, Holy, Holy

This is a song of praise. You may recognise some of the words from Palm Sunday , when Jesus was welcomed into Jerusalem.

**HOLY, HOLY, HOLY LORD GOD OF HOSTS.
HEAVEN AND EARTH ARE FULL OF YOUR
GLORY.
HOSANNA IN THE HIGHEST.
BLESSED IS HE WHO COMES IN THE NAME OF
THE LORD.
HOSANNA IN THE HIGHEST.**

The Eucharistic Prayer (Continued)

This is a very special part of the Mass when we believe the bread and wine are transformed into the Body and Blood of Jesus. Listen out for these words during the Consecration:

**TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS
MY BODY, WHICH WILL BE GIVEN UP FOR YOU**

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR
THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF
THE NEW AND ETERNAL COVENANT, WHICH WILL BE
POURED OUT FOR YOU AND FOR MANY FOR THE
FORGIVENESS OF SINS. DO THIS IN MEMORY OF ME.**

The Priest continues with the Eucharistic Prayer. After the words of Consecration the priest says: **THE MYSTERY OF FAITH**

We respond:

**SAVE US, SAVIOUR OF THE WORLD, FOR BY
YOUR CROSS AND RESURRECTION YOU
HAVE SET US FREE.**

During the rest of the Eucharistic Prayer, listen out for the people we are praying with, and for: Pope/Bishops/Clergy/Religious/Saints/Church Community/those who have died.

This is a prayer that brings all the people of God together.

At the conclusion of the prayer the Priest takes the chalice and the paten with the host and, raising both, he says:

**THROUGH HIM, AND WITH HIM, AND IN HIM,
O GOD, ALMIGHTY FATHER, IN THE UNITY OF THE
HOLY SPIRIT, ALL GLORY AND HONOUR IS YOURS,
FOR EVER AND EVER.
AMEN**

The Communion Rite

Joining together as one family, we say together:

OUR FATHER...

**DELIVER US, LORD, WE PRAY... AND THE
COMING OF OUR SAVIOUR, JESUS CHRIST.
FOR THE KINGDOM, THE POWER AND THE
GLORY ARE YOURS NOW AND FOR EVER.**

God sent the Holy Spirit to be with us. Peace is a gift from the Holy Spirit at work in our lives.

**THE PEACE OF THE LORD BE WITH YOU ALWAYS.
AND WITH YOUR SPIRIT.**

The Breaking of the Bread

**LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE
WORLD, HAVE MERCY ON US.**

**LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE
WORLD, HAVE MERCY ON US.**

**LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE
WORLD, GRANT US PEACE.**

Invitation to Communion

At the conclusion of the prayer the Priest takes the chalice and the paten with the host and, raising both, he says:

BEHOLD THE LAMB OF GOD, BEHOLD HIM WHO TAKES AWAY THE SINS OF THE WORLD. BLESSED ARE THOSE CALLED TO THE SUPPER OF THE LAMB.

LORD, I AM NOT WORTHY THAT YOU SHOULD ENTER UNDER MY ROOF, BUT ONLY SAY THE WORD AND MY SOUL SHALL BE HEALED.

Communion

We now come forward, ready to receive Jesus. For those who are not Catholic, and those who have not received their First Communion, place your arms across your chest to receive a blessing.

After receiving Communion, or a blessing,
take some time in silence and prayer.

**THE BODY OF CHRIST.
AMEN.**

Prayer after Communion

LET US PRAY...

At the end of the prayer, we acclaim: **AMEN.**

THE CONCLUDING RITES

The Concluding Rites send the people out with a mission, to take Jesus out into the world through their actions and words.

**THE LORD BE WITH YOU.
AND WITH YOUR SPIRIT.**

**MAY ALMIGHTY GOD BLESS YOU, THE FATHER,
AND THE SON, AND THE HOLY SPIRIT. AMEN.**

**GO FORTH, THE MASS IS ENDED.
THANKS BE TO GOD.**

